



4th Sunday in Ordinary Time  
February 1, 2026

## INTRODUCTORY RITES

### Gathering Song:

#### SEEK THE LORD

Roc O'Connor, SJ

Refrain

\*a. Seek the Lord whose mer-cy a-bounds;  
\*\*b. Seek the Lord while he may be found;

a. call a-loud to God who is near.  
b. call to him while he is still near.

Verses 1-3

1a. To-day is the day \_\_\_ and now the proper hour to for-  
2a. As high as the sky \_\_\_ is a-bove the earth, γ so  
3a. γ O-pen your heart \_\_\_ to hear the voice of God, γ whose  
1b. To-day is the day \_\_\_ and now the proper hour to for-  
2b. As high as the sky \_\_\_ is a-bove the earth, γ so  
3b. γ Find-ing the Lord, \_\_\_ let us cling to him. γ His

1a. sake our sin - ful lives \_\_\_ and turn to the Lord.  
2a. high a-bove our ways, \_\_\_ the ways of the Lord.  
3a. words, whose ways \_\_\_ γ lead us to life.  
1b. sake our sin - ful lives \_\_\_ and turn to the Lord.  
2b. high a-bove our ways, \_\_\_ the ways of the Lord.  
3b. words, his ways \_\_\_ γ lead us to life.

Verse 4

4a. Some-day we'll live in the house of God;  
4b. Some-day we'll live in the house of God;

4a. hearts full of praise for God's gra-cious love.  
4b. gaze on his face and praise \_\_\_ his name.

to Refrain

\*Composer's revised text   \*\*Original text

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**Sign of the Cross**

**Greeting**

**Act of Penitence**

## Gloria

Glo-ry to God in the high - est, and on earth peace, peace to  
peo-ple of good will. We praise you, we bless you, we a - dore you, we  
glo-ri-fy you, we give you thanks for your great glo-ry, Lord  
God, heav-en-ly King, O God, al-might-y Fa-ther. Lord Je - sus  
Christ, On - ly Be-got - ten Son, Lord God, Lamb of God,  
Son of the Fa - ther, you take a-way the sins of the world, have  
mer - cy on us; you take a-way the sins of the world, re-ceive our  
prayer; you are seat - ed at the right hand of the Fa - ther, have  
mer - cy on us. For you a - lone are the Ho-ly One, you a - lone are the  
Lord, you a - lone are the Most High, Je - sus Christ, with the  
Ho-ly Spir-it, in the glo-ry of God the Fa-ther. A - men, a - men.

## Opening Prayer

### LITURGY OF THE WORD

#### Reading 1 Zephaniah 2:3; 3:12-13

Seek the LORD, all you humble of the earth,  
who have observed his law;  
seek justice, seek humility;  
perhaps you may be sheltered  
on the day of the LORD's anger.

But I will leave as a remnant in your midst  
a people humble and lowly,  
who shall take refuge in the name of the LORD:  
the remnant of Israel.

They shall do no wrong  
and speak no lies;  
nor shall there be found in their mouths  
a deceitful tongue;  
they shall pasture and couch their flocks  
with none to disturb them.

The Word of the Lord.

#### Responsorial Psalm:

#### PSALM 146: BLESSED ARE THE POOR IN SPIRIT

Ordinary Time 4A

Bob Hurd



Bless-ed are the poor in spir-it; the king-dom of heav-en is theirs!

1. It is the LORD who preserves fidelity forever,  
who does justice to those who are oppressed.  
It is he who gives bread to the hungry,  
the LORD who sets pris'ners free.
2. The LORD who opens the eyes of the blind,  
the LORD who raises up those  
who are bowed down.

- It is the LORD who loves the just,  
the LORD who protects the stranger.
3. The LORD upholds the orphan  
and the widow,  
but thwarts the path of the wicked.  
The LORD will reign forever,  
the God of Sion from age to age.  
Alleluia!

Text: Psalm 146:1b, 6-7, 8-9, 9-10; Isaiah 35:4; Matthew 5:3. Refrain © 1969, 1981, 1997, ICEL. All rights reserved.  
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## Reading 2

### Reading 2

#### 1 Corinthians 1:26-31

Consider your own calling, brothers and sisters.

Not many of you were wise by human standards,

not many were powerful,

not many were of noble birth.

Rather, God chose the foolish of the world to shame the wise,

and God chose the weak of the world to shame the strong,

and God chose the lowly and despised of the world,

those who count for nothing,

to reduce to nothing those who are something,

so that no human being might boast before God.

It is due to him that you are in Christ Jesus,

who became for us wisdom from God,

as well as righteousness, sanctification, and redemption,

so that, as it is written,

"Whoever boasts, should boast in the Lord."

The Word of the Lord

## Gospel Acclamation



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Steven C. Warner and Karen Schneider Kirner  
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*Priest or Deacon: The Lord be with you*

*All Respond: And with your spirit*

*Priest or Deacon: A reading from the Holy Gospel According to: Matthew*

*All Respond: (signing the cross on their forehead, lips and heart)  
Glory to you, O Lord.*

## **Gospel- Matthew 5:1-12a**

When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him.

He began to teach them, saying:

"Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.

Blessed are they who mourn,  
for they will be comforted.

Blessed are the meek,  
for they will inherit the land.

Blessed are they who hunger and thirst for righteousness,  
for they will be satisfied.

Blessed are the merciful,  
for they will be shown mercy.

Blessed are the clean of heart,  
for they will see God.

Blessed are the peacemakers,  
for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness,  
for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you  
and utter every kind of evil against you falsely because of me.

Rejoice and be glad,  
for your reward will be great in heaven."

**The Gospel of the Lord.**

*All respond: Praise to you, Lord Jesus Christ.*

## **Homily**

## Nicene Creed

I believe in one God, the Father almighty,  
maker of heaven and earth, of all things visible and invisible.  
I believe in one Lord Jesus Christ, the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light, true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day in accordance with the Scriptures.  
He ascended into heaven and is seated  
at the right hand of the Father.  
He will come again in glory to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## Universal Prayer (Prayer of the Faithful)

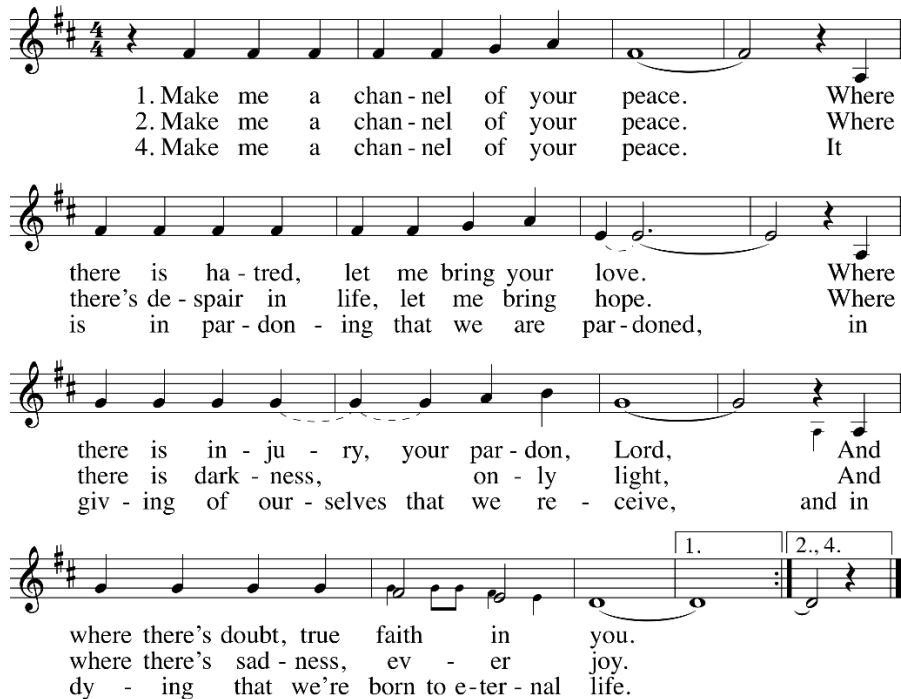
Please respond: Lord hear our prayer

## LITURGY OF THE EUCHARIST

### Preparation Song:

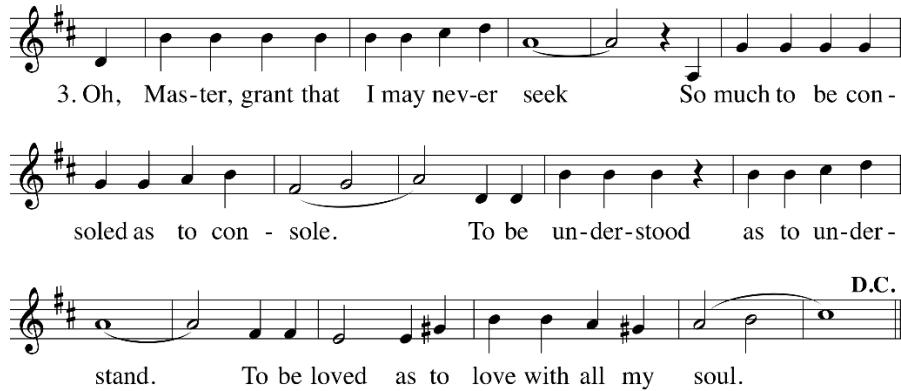
#### Make Me a Channel of Your Peace

Verses 1, 2, 4



1. Make me a chan - nel of your peace. Where  
2. Make me a chan - nel of your peace. Where  
4. Make me a chan - nel of your peace. It  
there is ha - tred, let me bring your love. Where  
there's de - spair in life, let me bring hope. Where  
is in par - don - ing that we are par - doned, in  
there is in - ju - ry, your par - don, Lord, And  
there is dark - ness, on - ly light, And  
giv - ing of our - selves that we re - ceive, and in  
where there's doubt, true faith in you.  
1. 2..4.  
where there's sad - ness, ev - er joy.  
dy - ing that we're born to e-ter - nal life.

Verse 3



3. Oh, Mas-ter, grant that I may nev-er seek So much to be con -  
soled as to con - sole. To be un-der-stood as to un-der -  
stand. To be loved as to love with all my soul. D.C.

Text: *Prayer of St. Francis*; adapt. by Sebastian Temple, 1928-1997  
Tune: Sebastian Temple, 1928-1997; acc. by Robert J. Battastini, b.1942  
© 1967, OCP  
Dedicated to Mrs. Frances Tracy

### Invitation to Pray

Pray my brothers and sisters ...

*Response: May the Lord accept the sacrifice at your hands  
for the praise and glory of his name, for our good  
and the good of all his holy Church.*

## Preface Dialogue

The Lord be with you.

*Response: And with your spirit.*

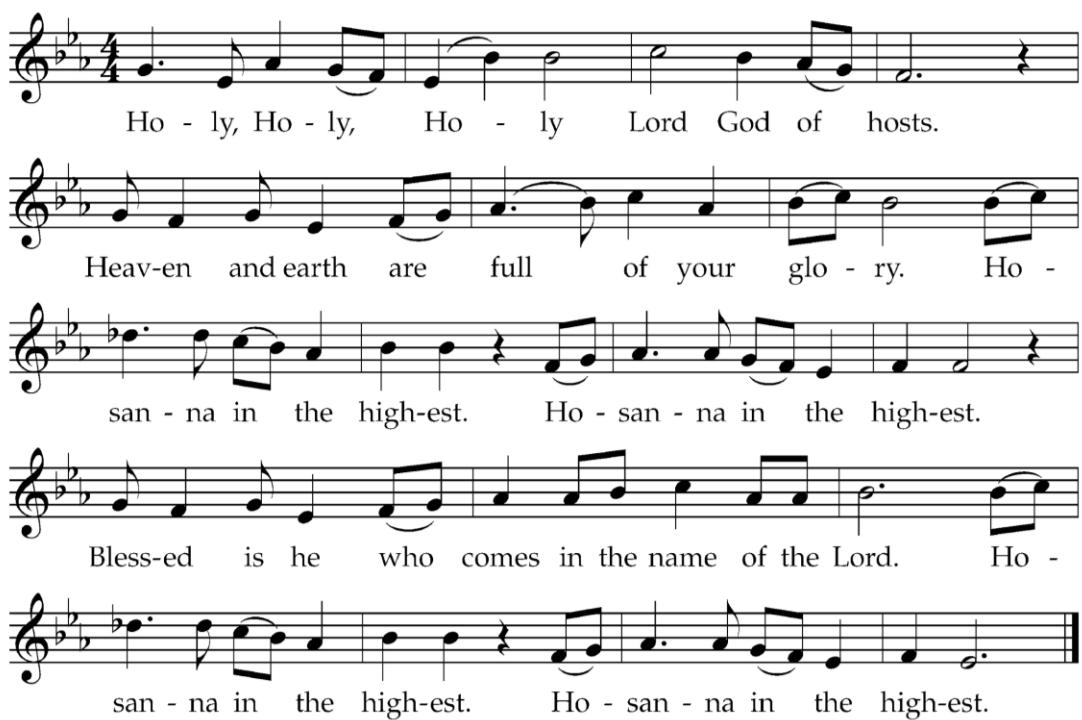
Lift up your hearts.

*Response: We lift them up to the Lord.*

Let us give thanks to the Lord our God.

*Response: It is right and just.*

## Eucharistic Acclamations: Mass for Our Lady



Ho - ly, Ho - ly, Ho - ly Lord God of hosts.

Heav-en and earth are full of your glo - ry. Ho -

san - na in the high-est. Ho - san - na in the high-est.

Bless-ed is he who comes in the name of the Lord. Ho -

san - na in the high-est. Ho - san - na in the high-est.

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## Memorial Acclamation

Priest: Let us proclaim the Mystery of Faith:

*All Sing:*



When we eat this Bread and drink this Cup, we pro -

claim your Death, O Lord, until you come a - gain.

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## Doxology

Priest: Through him, with him and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever.

*All Sing:*

Steven C. Warner and Karen Schneider Kirner  
Music © 2011, WLP

## The Lord's Prayer

### Sign of Peace

The peace of the Lord be with you always.

*Response: And with your Spirit*

### Fraction Rite

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## Invitation to Communion

Behold the Lamb of God, Behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

*Response: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.*

## Communion Song:

### BREAD OF LIFE

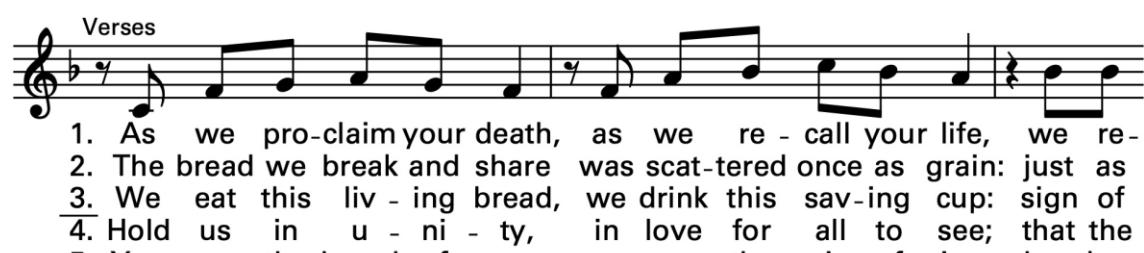
Bernadette Farrell

Refrain

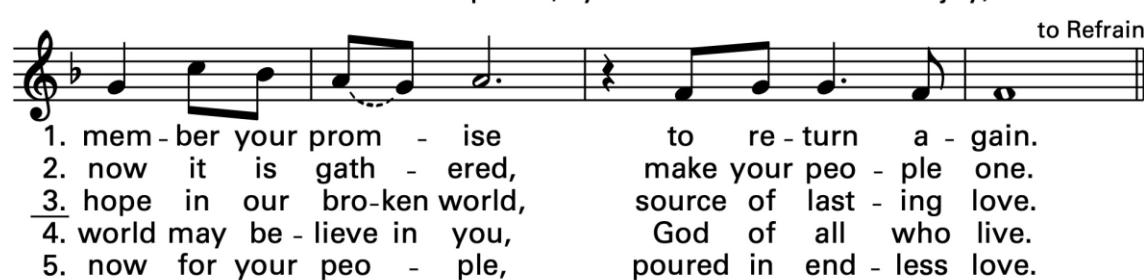


Bread of life, hope of the world, Jesus Christ, our brother:  
feed us now, give us life, lead us to one another.

Verbs



1. As we pro-claim your death, as we re-call your life, we re-  
2. The bread we break and share was scat-tered once as grain: just as  
3. We eat this liv-ing bread, we drink this sav-ing cup: sign of  
4. Hold us in u-ni-ty, in love for all to see; that the  
5. You are the bread of peace, you are the wine of joy, bro-ken



to Refrain

1. mem-ber your prom-ise to re-turn a-gain.  
2. now it is gath-ered, make your peo-ple one.  
3. hope in our bro-ken world, source of last-ing love.  
4. world may be-lieve in you, God of all who live.  
5. now for your peo-ple, poured in end-less love.

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## Post Communion Prayer

### CONCLUDING RITES

**Announcements**

**Final Blessing**

**Dismissal**

## Sending Song

**601**

Acc #600 / CP4 #531

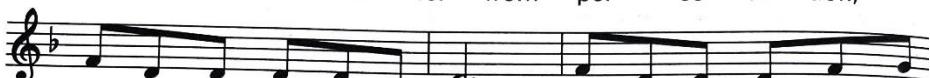
### WE ARE THE LIGHT OF THE WORLD

Verses

GREIF



1. Bless - ed are they who are poor in spir - it,  
2. Bless - ed are they who are meek and hum - ble,  
3. Bless - ed are they who will mourn in sor - row,  
4. Bless those who hun - ger and thirst for jus - tice,  
5. Bless - ed are they who show oth - ers mer - cy,  
6. Bless - ed are hearts that are clean and ho - ly,  
7. Bless - ed are they who bring peace a - mong us,  
8. Bless those who suf - fer from per - se - cu - tion,

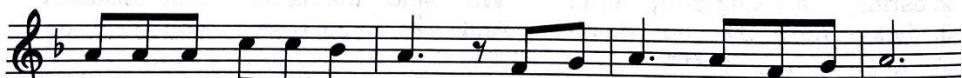


1. Theirs is the king-dom of God. Bless us, O Lord, make us  
2. They will in - her - it the earth. Bless us, O Lord, make us  
3. They will be com - fort - ed. Bless us, O Lord, when we  
4. They will be sat - is - fied. Bless us, O Lord, hear our  
5. They will know mer - cy too. Bless us, O Lord, hear our  
6. They will be - hold the Lord. Bless us, O Lord, make us  
7. They are the chil - dren of God. Bless us, O Lord, may you  
8. Theirs is the king-dom of God. Bless us, O Lord, when they



1. poor in spir - it; Bless us, O Lord, our God.  
2. meek and hum - ble; Bless us, O Lord, our God.  
3. share their sor - row; Bless us, O Lord, our God.  
4. cry for jus - tice; Bless us, O Lord, our God.  
5. cry for mer - cy; Bless us, O Lord, our God.  
6. pure and ho - ly; Bless us, O Lord, our God.  
7. peace be with us; Bless us, O Lord, our God.  
8. per - se - cu - te us; Bless us, O Lord, our God.

Refrain



We are the light of the world, may our light shine be-fore all,



That they may see the good that we do, and give glo - ry to God.

Text: 10 6 10 6 with refrain; based on the Beatitudes; adapt. by Jean Anthony Greif, 1898-1981, alt.

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