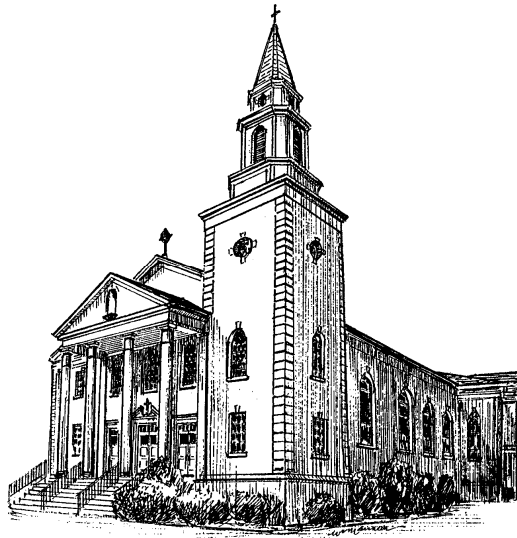


The People of God called to form the Christian Community of

St. Mary's Church

March 10, 2019

*First Sunday of
Lent*



Mission Statement

We the Roman Catholic community of St. Mary's, united in the Eucharist and under the guidance of St. Mary of the Assumption, strengthen our faith by praising God, proclaiming His word, sharing His love with all people and serving those in need.

**St. Mary:
Pray for Us**

Rev. Stephen A. Carey, *Pastor*
Rev. Michael Barone, *Parochial Vicar*
Rev. Patrick W. Donohue, *In-Residence*
Deacon John L. Sylvester, *Permanent Deacon*
Mr. Joel Condon, *Director of Music Ministry*
Mrs. Kathleen Sylvester, *Pastoral Associate for Liturgy/RCIA*
Dr. William J. Mascitello, *Pastoral Associate for Catechetics*
Mr. John Weiss, *Business Administrator*
Beth Miloscia, *Youth and Young Adult Ministries*
Dory Weiss, *Parish Secretary*
Mrs. Mattea Truppe, *Pastoral Council Chairperson*
Mrs. Janet Kaine, *Parish Trustee*
Mr. Michael Daly, *Parish Trustee*

Parish e-mail: info@stmarysdumont.org
Parish Website: www.stmarysdumont.org

Religious Education Office: 201-384-3062
e-mail: religiously@stmarysdumont.org

Director of Music:
email: music@stmarysdumont.org

Eucharistic Liturgy

Saturday Eve: 5:30 pm
Sunday: 7:45 am, 10:00 am, 12:00 pm
Holydays (except Saturday): 7:00 am, 8:45 am, & 7:30 pm
Weekdays: Monday - Friday 7:00 am & 8:45 am
Saturday: 8:30 am
Holiday: 9:00 am on Major Civil Holidays

Religious Devotions

Miraculous Medal Novena: Saturday following 8:30 am Mass.

Exposition of the Blessed Sacrament

First Friday of the month, 8:00 am - 7:00 pm, in the lower church.

Sacrament of Penance

Saturday: 4:00 - 4:45 pm
Private confessions at any time. Please call the parish office.

Sacrament of Marriage

Common policy of the Archdiocese of Newark asks that arrangements be made one year in advance. Engaged couples must call to make an appointment to speak to a priest.

Sacrament of Baptism

Parents should register for the Baptism Preparation Program at the rectory...even before the baby is born!

Catechumenate

The Rite of Christian Initiation of Adults is the process by which adults (and children who have reached the age of reason) are prepared to receive the sacraments of Baptism, Confirmation, and Holy Eucharist. If you, or someone you know, would like to inquire about becoming a Catholic, please call the parish office.

Ministry to the Sick and Homebound

The Sacrament of the Anointing of the Sick is available to be celebrated with anyone in need. Please do not wait until death is imminent to contact the parish regarding an ill family member. Eucharistic Ministers and others serve our community by visiting and bringing Communion to the sick and homebound. Please call the parish office if you wish such a visit.

God's Plan for Giving - Tithing

Tithing is God's plan to support His Church. Full tithing means 10% of gross income to God. We ask half of this, or 5%, for your parish Church. The other 5% goes to your favorite charities.

280 Washington Avenue, Dumont, NJ 07628 Parish Office: 201-384-0557 Fax: 201-384-4986



Saturday	March 9 - Vigil
5:30PM	Joan Roth
Sunday	March 10 - First Sunday of Lent
7:45AM	Angel Rubio
10:00AM	Patrick O'Connor
12 Noon	Parishioners of St. Mary's
Monday	March 11 - Lenten Weekday
7:00AM	Anthony Sica
8:45AM	Rosemary Ray
Tuesday	March 12 - Lenten Weekday
7:00AM	Anthony Sica
8:45AM	Bill Hamilton
Wednesday	March 13 - Lenten Weekday
7:00AM	Patty Barry
8:45AM	Rosemary and Thomas Ray
Thursday	March 14 - Lenten Weekday
7:00AM	Nena Asistin
8:45AM	Edward Berger
Friday	March 15 - Lenten Weekday
7:00AM	Daniel Dennehy
8:45AM	Karen Camporeale
Saturday	March 16 - Lenten Weekday
8:30AM	Dennis Daly, Sr. and Daniel Daly
5:30PM	Parishioners of St. Mary's
Sunday	March 17 - Second Sunday of Lent
7:45AM	Kathleen and Frank McMorrow
10:00AM	Pat Langford
12 Noon	Vincent Filingeri

In Loving Memory



The Bread and Wine offered at this week's Masses are given in memory of Celedonio Fernandez requested by Frank Garcia.

The Sanctuary Lamp will burn in praise of God and in memory of Pat Langford requested by his wife and family.

We ask your prayers for our recently deceased Dorothy Lacey, Sr. Bridget O'Shea and Mary Scalia.

2019 Offerings Available

Bread & Wine: Jun. 30; Aug. 11; Sept. 22; Nov. 17.
Sanctuary Lamp: Sept. 22; Oct. 20; Nov. 17.

Crafts for Cancer

On the Sundays of Lent, our children from Liturgy of the Word with Children will collect craft items. These items will be donated to Tomorrow's Children and Hackensack Medical Center.

Sunday – March 10

10:00AM St. Patrick's Mass. Social to follow SH
 6:30PM JWALK Station Practice UC
 After All Masses Sale of Soda Bread SH

Monday – March 11

After 8:45AM Mass Rosary LC
 6:00PM Bell Choir Rehearsal UC
 7:00PM PACT Angels Session/ACRE 8th Grade UC/School
 7:30PM Social Justice Meeting PJ23Rm

Tuesday – March 12

After 8:45AM Mass Rosary LC
 3:30PM PACT Angels Session/ACRE 5th Grade UC/School
 7:15PM PM Basketball SH
 7:30PM Finance Council Meeting FDVRm

Wednesday – March 13

After 8:45AM Mass Rosary LC
 7:00PM Arts & Environment Meeting Sacristy
 7:00PM OLPH Novena LC
 7:30PM Line Dancing SH
 7:30PM Liturgy Meeting
 7:30PM Yoga (Anne Marie) PJ23Rm

Thursday – March 14

After 8:45AM Mass Rosary LC
 1:00PM Knitters FDVRm
 7:30PM Adult Choir Rehearsal School
 7:30PM Yoga (Linda) SFC

Friday – March 15

After 8:45AM Mass Rosary LC
 7:15PM Basketball SH
 7:00PM Stations of the Cross LC

Saturday – March 16

After 8:30AM Mass Rosary LC
 10:00AM Faith Sharing Group (Lorena) FDVRm

Sunday – March 17

St. Patrick's Day

7:30AM Feeding at Missionaries of Charity Soup Kitchen, Newark
 8:30AM PACT Angels Session/ACRE 5th & 8th Grades LC/School
 6:30PM JWALK Stations Practice UC

Lenten Giving Tree



the giving tree

Our parish will collect items for St. Clare's Home for Children, which is a part of the AIDS Resource Foundation in Newark. Tags are now available. Please take a tag off the Lenten tree and return it with the item to the church before the end of Lent.

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Given by Deacon Rich McGarry. Rich holds a degree in Religious Education from Felician College where he currently teaches Religious Studies. He also holds a Ph.D. degree from Fordham University. He is a deacon at St. Anne Parish in Fair Lawn. His ministry includes religious education, spiritually, liturgy, and social justice.

Pick-up date will be April 14, Palm Sunday.

St. Mary's Youth Group - JWalk

The Stations
of the Cross



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March 10, 17, 24, 31;

All practices will be from 6:30pm-8:30pm in the Upper Church.

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Middle States Accredited

Registration has begun for the 2019-2020 school year. The best way to learn about our school is by visiting us. Transfiguration Academy is a United States Department of Education 2018 Blue Ribbon School of Excellence and is accredited by the Middle States Association of Schools and Colleges. Please call the school, 201-384-3627 or email principal@transfigurationacademy.org for more information, to arrange a tour or to have your student spend the day with us as a “Tiger for a Day”.

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10 Mile Stations of the Cross Walking Pilgrimage
from the Archdiocesan Shrine of John Paul II in
Linden, NJ to the Most Sacred Heart of Jesus
Cathedral in Newark, NJ.

The walking Pilgrimage will begin on Sunday, March 24, 2019 at 10:00 am at the Archdiocesan Shrine of St. John Paul II (St. Theresa of the Child Jesus Parish) 131 E. Edgar Rd., Linden, NJ and conclude at the Most Sacred Heart of Jesus Cathedral 89 Ridge St., Newark, NJ at around 5 pm with the Holy Eucharist celebrated by the Very Reverend Bishop Manuel Cruz, Pastor of the Most Sacred Heart of Jesus.

FREE ADMISSION, however all participants must register.

To register and for additional information visit:
www.10mileswithJesus.org, email:

info@10mileswithJesus.org or call: 201.220.1949

religious@stmarysdumont.org so that we can send you regular updates and notify you of program scheduling.

Please pray for our candidates as they prepare to receive the Lord sacramentally that they- and all of us- will grow in appreciation of the presence of Jesus in the Holy Eucharist.



Our Confirmation Preparation Program is underway! Please pray that our candidates- and all of us- may come to realize the fullness of the presence of the Holy Spirit in our lives.

In order to participate in our PACT/MAP incentive program, students in our PACT Religious Education Program sign in at mass, whichever mass they attend on Sunday (or Saturday 5:30 p.m.)

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Irish Night - Saturday March 30 7PM-11PM. The evening will consist of an authentic Irish menu including Irish Soda Bread and a sit-down dinner consisting of a Cheese Platter, Corned Beef, Cabbage, Potatoes, and homemade scones. Coffee, tea, and beverages are included. Live entertainment by Frankie and the Currans. \$35 per person. RSVP REQUIRED by calling or texting Ken A. at 516-220-9333 or emailing KofC1345Reservations@gmail.com.

FASTING IN A *FAST-PACED WORLD*

by Art Zannoni

Often our lives seem to move at break neck speed, laced with stress and governed by calendars and schedules with barely a spare moment. With the arrival of Lent, Catholics are challenged to look at this way of living by fasting from moving at the speed of humankind and embracing moving at the speed of God.

Fasting (as opposed to dieting) confronts our culture. Fasting, in a society that has plenty and is motivated by immediate self-gratification, is generally not perceived as a value. Yet, for Jews, Christians, and Muslims, fasting is part and parcel of practicing one's faith in today's culture.

Biblical Roots of Fasting

The Bible provides a treasure-trove of reflections on the meaning of fasting. In both the Old and New Testaments fasting usually means total abstinence from food from morning until evening (see 2 Samuel 1:12; Jonah 3:7; Acts 9:9). This is still the case for Muslims today during the month of Ramadan.

Fasting as Mourning

In both Old Testament times and Jesus' times, fasting could be done for a number of different reasons. One motive was as an act of mourning. For example, after the death of King Saul, David and his men "mourned and wept and fasted until evening for Saul and his son Jonathan" (2 Samuel 1:12). David likewise refused to eat after the death of his general Abner (2 Samuel 3:35), and after the death of his first child by Bathsheba (2 Samuel 12:18-21). Such fasting was an expression of grief and mourning.

Fasting as Sorrow for Sin

In the Bible, fasting is also understood as

an expression of sorrow for sin. Fasting was prescribed for this reason on the Day of Atonement (Yom Kippur). In later Jewish tradition, and among observant Jews today, this fast was interpreted to mean complete abstinence from food on the Day of Atonement, not merely smaller meals or no eating between meals.

Fasting as Prayer

According to the Bible, fasting could also be done in conjunction with prayers of petition. David fasted while his child by Bathsheba lay mortally ill, in the hope that God would spare his child's life (2 Samuel 12:15-17, 22). David's fast was a prayer for God's intervention.

Like any act of religious piety, fasting could be done mechanically. Joel called for a fast that was an expression of true repentance, of truly turning to God: "Rend your hearts, not your garments, and return to the Lord, your God. For gra-

cious and merciful is he; perhaps he will again relent and leave behind a blessing" (Joel 2:13-14). Joel's message is that external expressions of mourning are not enough; it needs to be internalized in our hearts.

Fasting as Justice

One of the best biblical descriptions of the meaning of fasting is provided by the prophet Isaiah. Speaking through the prophet, God says: "Is not this the fast that I choose: to lose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked to cover them, and not to hide yourself from your own kin?" (Isaiah 58:6-7)

In this passage God does not speak of helping the poor in general but specifi-



cally helping the oppressed: those who are poor, not because of misfortune but because they are the victims of injustice. This teaching about fasting is a call to eliminate the injustice that causes their hunger, rather than simply feed them. God demands not merely mercy, but a rooting out of injustice and a repairing of its effects. There is quite a difference between our being charitable to others and our making reparation for the harm we have done to them.

Whose sins of injustice lie behind the suffering of the oppressed? It may be our personal, individual sins, or it may be the sins of the society of which we are a part. The relevant point is that we are to root out these sins and to repair the damage that our individual and collective sins have wrought.

Isaiah's prophecy provides food for meditation during Lent. When we are considering what special practices or penance we will undertake, do we think mainly in terms of ourselves? "I'll give up TV, spending too much time online, alcoholic beverages or chocolates." Or do we think of the needs of others: "I'll give up some of my free time to help the

single parent to care for his or her children, volunteer at a nursing home, tutor a child. I'll go through my clothing and see what I could donate to a thrift shop. I'll go without pay for a day and take time off from my regular job to volunteer at a local food bank or to take an elderly person to the doctor.

Jesus and Fasting

According to the Gospel of Matthew, Jesus fasted forty days and forty nights (Matthew 4:1). The Gospel of Luke states that he ate nothing, implying that Jesus abstained from food (Luke 4:2). Subsequently Jesus was tempted by the devil, but the cleansing that happened as a result of his fasting empowered him to stand up to the devil's threefold temptation.

Jesus, himself a prophet who followed in the footsteps of the prophet Isaiah, challenged his disciples in the Sermon on the Mount to be joy-filled when fasting (Matthew 6:16-18). Fasting is not a time for show and tell, but rather a time to ponder what works of remedial justice and healing mercy we could undertake as our fast: undoing any wrongs we have committed.

Fasting may be from making abusive use of our tongues through put-downs and other forms of verbal abuse. Or fasting may be from failing to use our voice to speak out about injustices in our society. Or it may be speaking up by contacting our legislator, requesting that he or she provide legislation for more affordable housing for the poor.

Both Isaiah and Jesus teach us that the best way to mourn for our sins is to undo their harmful effects. That is what Lent is all about. Jesus reminds us that our fasting is not to be seen by others, but by God (Matthew 6:18). What type of fasting will God see us practice this Lent?

Reflection Questions

- What is the type of fasting God wishes of me?
- What is the penance God asks of me?
- What is God nudging me to do this Lent?"

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