

*The People of God called to form the Christian Community of*

# St. Mary's Church

**March 8, 2020**

**Second Sunday of  
Lent**



**Mission Statement**

*We the Roman Catholic community of St. Mary's, united in the Eucharist and under the guidance of St. Mary of the Assumption, strengthen our faith by praising God, proclaiming His word, sharing His love with all people and serving those in need.*

**St. Mary:  
Pray for Us**

Rev. Stephen A. Carey, *Pastor*

Rev. Thomas Pendrick, *Parochial Vicar*

Rev. Patrick W. Donohue, *In-Residence*

Deacon John L. Sylvester, *Permanent Deacon*

Mr. Joel Condon, *Director of Music Ministry*

Mrs. Kathleen Sylvester, *Pastoral Associate for Liturgy/RCIA*

Dr. William J. Mascitello, *Pastoral Associate for Catechetics*

Mr. John Weiss, *Business Administrator*

Beth Miloscia, *Youth and Young Adult Ministries*

Dory Weiss, *Parish Secretary*

Mrs. Mattea Truppe, *Pastoral Council Chairperson*

Mrs. Janet Kaine, *Parish Trustee*

Mr. Michael Daly, *Parish Trustee*

Parish e-mail: [info@stmarysdumont.org](mailto:info@stmarysdumont.org)

Parish Website: [www.stmarysdumont.org](http://www.stmarysdumont.org)

Religious Education Office: 201-384-0557  
Extension 20

e-mail: [religious@stmarysdumont.org](mailto:religious@stmarysdumont.org)

Director of Music:  
email: [music@stmarysdumont.org](mailto:music@stmarysdumont.org)

**Eucharistic Liturgy**

Saturday Eve: 5:30 pm

Sunday: 7:45 am, 10:00 am, 12:00 pm

Holydays (except Saturday): 7:00 am, 8:45 am, & 7:30 pm

Weekdays: Monday - Friday 7:00 am & 8:45 am

Saturday: 8:30 am

Holiday: 9:00 am on Major Civil Holidays

**Religious Devotions**

**Miraculous Medal Novena:** Saturday following 8:30 am Mass.

**Exposition of the Blessed Sacrament**

First Friday of the month, 8:00 am - 7:00 pm, in the lower church.

**Sacrament of Penance**

**Saturday:** 4:00 - 4:45 pm

Private confessions at any time. Please call the parish office.

**Sacrament of Marriage**

Common policy of the Archdiocese of Newark asks that arrangements be made one year in advance. Engaged couples must call to make an appointment to speak to a priest.

**Sacrament of Baptism**

Parents should register for the Baptism Preparation Program at the rectory...even before the baby is born!

**Catechumenate**

The Rite of Christian Initiation of Adults is the process by which adults (and children who have reached the age of reason) are prepared to receive the sacraments of Baptism, Confirmation, and Holy Eucharist. If you, or someone you know, would like to inquire about becoming a Catholic, please call the parish office.

**Ministry to the Sick and Homebound**

The Sacrament of the Anointing of the Sick is available to be celebrated with anyone in need. Please do not wait until death is imminent to contact the parish regarding an ill family member. Eucharistic Ministers and others serve our community by visiting and bringing Communion to the sick and homebound. Please call the parish office if you wish such a visit.

**God's Plan for Giving - Tithing**

Tithing is God's plan to support His Church. Full tithing means 10% of gross income to God. We ask half of this, or 5%, for your parish Church. The other 5% goes to your favorite charities.



<b>Saturday</b>	<b>March 7 - Vigil</b>
5:30PM	Peter Prior
<b>Sunday</b>	<b>March 8 - Second Sunday of Lent</b>
7:45AM	Phyllis Lyons
10:00AM	Am Joon Park
12 Noon	Parishioners of St. Mary's
<b>Monday</b>	<b>March 9 - Lenten Weekday</b>
7:00AM	Catherine Crowley
8:45AM	John (Andy) Prior
<b>Tuesday</b>	<b>March 10 - Lenten Weekday</b>
7:00AM	Comfort Afriyie
8:45AM	Gerard Glynn
<b>Wednesday</b>	<b>March 11 - Lenten Weekday</b>
7:00AM	Arthur Mortensen
8:45AM	Peggy, John and Rev. Dan Cronin
<b>Thursday</b>	<b>March 12 - Lenten Weekday</b>
7:00AM	Louis Giovanni, Sr.
8:45AM	Vincent McLaughlin
<b>Friday</b>	<b>March 13 - Lenten Weekday</b>
7:00AM	Patty Barry
8:45AM	Rosemary and Tom Ray
<b>Saturday</b>	<b>March 14 - Lenten Weekday</b>
8:30AM	Nena Asistin
5:30PM	Parishioners of St. Mary's
<b>Sunday</b>	<b>March 15 - Third Sunday of Lent</b>
7:45AM	Dennis and Daniel Daly
10:00AM	Pat Langford
12 Noon	Vincent Filingeri

### In Loving Memory



The Bread and Wine offered at this week's Masses are given in memory of Tom Murphy requested by Mary Murphy and family.

The Sanctuary Lamp will burn in praise of God and in memory of Phyllis Lyons requested by Josie Parrella.

We ask your prayers for our recently deceased Rosemarie Sabatini, Richard J. Deiser and Frances R. Hans.

### St. Patrick's Mass - March 15th

Our annual St. Patrick's celebration will be held on Sunday, March 15 at the 10:00 a.m. Mass. **Cardinal Joseph Tobin** will be our Celebrant and Grand Marshal of the parade. Following Mass, all are invited to join us for a social in Szelest Hall featuring tea, soda bread, Irish dancing, and bagpipes.



### Sunday - March 8

8:30AM PACT Angels Session LC/School  
9:15AM RCIA Kids Sacred Heart Rm  
6:30PM JWALK Stations of the Cross Practice UC  
7:00PM Penitential Rite  
ASCPG Raffle Sale after all Masses

### Monday - March 9

After 8:45AM Mass Rosary LC  
1:00PM Transfiguration Penance Service at St. John's, Bergenfield  
6:15PM Bell Choir Rehearsal UC  
7:00PM PACT Angels Session UC/School  
8:00PM Basketball SH  
8:00PM RCIA MSRm

### Tuesday - March 10

After 8:45AM Mass Rosary LC  
3:30PM PACT Angels Session UC/School

### Wednesday - March 11

After 8:45AM Mass Rosary LC  
7:00PM Arts & Environment Meeting Sacristy  
7:00PM OLPH Novena LC  
7:30PM Line Dancing SH

### Thursday - March 12

After 8:45AM Mass Rosary LC  
7:30PM Adult Choir Rehearsal School

### Friday - March 13

After 8:45AM Mass Rosary LC  
9:30AM St. John's Food Kitchen, Newark  
7:00PM Stations of the Cross LC  
7:15PM Basketball SH

### Saturday - March 14

After 8:30AM Mass Rosary LC  
5:00PM Set-up St. Patrick's Day SH  
After 5:30PM Mass Sale of Soda Bread

### Sunday - March 15

7:30AM Feeding at Missionaries of Charity Soup Kitchen, Newark  
9:15AM RCIA Kids Sacred Heart Rm  
10:00AM First Scrutiny  
10:00AM St. Patrick's Mass, Cardinal Tobin, Main Celebrant. Social to follow SH.  
6:30PM JWALK Stations of the Cross Practice UC  
After all Masses Sale of Soda Bread

### Lenten Giving Tree

Our parish will collect items for St. Clare's Home for Children, which is a part of the AIDS Resource Foundation in Newark. Tags are now available. Please take a tag off the Lenten tree and return it with the item to church before the end of Lent.

## From the Pastor

© J. S. Paluch Co., Inc.

The World Health Organization has advised that the spread of the world-wide Coronavirus has become a serious issue and that everyone must do whatever is possible to limit exposure to what could be considered a serious threat to public health. To that end, Cardinal Tobin, the Archbishop of Newark has issued certain directive to help limit the spread on the virus in our area.

The directives that affect us here at St. Mary's are as follows:

\* ***The faithful who are sick or experiencing any symptoms of sickness are not obligated to attend Mass, and even out of charity ought not to attend.***

\* ***The sign of peace should be exchanged without physical contact.***

\* ***Distribution of Holy Communion to the faithful via the Chalice is suspended.***

These directives will remain in effect as long as the threat of this virus continues.

The Cardinal also asks that we add our prayers. We must pray for those who are suffering because of the virus, for those who care for those infected with the virus and for those working to find effective treatments and vaccines. While the Coronavirus has not yet become a serious health issue in our country, the potential for it to become one is present. We all must respond with prayer and with action to insure it does not.

**Fr. Carey**

### The Lavender Scare

Over a period of four decades tens of thousands of government workers would lose their jobs or be denied employment because of their sexual orientation. This documentary film will tell that story.

It will be shown on Wednesday, March 11, at 7:30 pm in the school library. Enter through the door in the parking lot closest to Park Ave.

This event is being sponsored by Bridge Makers, St. Mary's and St. Peter's joint LGBT faith sharing ministry. All are welcomed.

### On Care for Our Common Home

(This is the seventh in a series of articles on Laudato Si')

#### ***The Loss of Biodiversity***

In the first chapter of Laudato Si', Pope Francis writes about the necessity of biodiversity – that each living thing, no matter how small, is important to sustain life. He wrote that we "overlook the fact that they have value in themselves. Each year sees the disappearance of thousands of plant and animal species which we will never know, which our children will never see, because they have been lost forever. The great majority became extinct for reasons related to human activity. Because of us, thousands of species will no longer give glory to God by their very existence, nor convey that message to us. We have no such right."

We see an example of the importance of biodiversity right here in Dumont. Many of us have seen deer on our front lawns, eating our vegetable gardens and flowers. Ten years ago deer sightings in Dumont were extremely rare. Carole Stanko, chief of the Bureau of Wildlife Management at NJDEP, said the vast imbalance of deer in New Jersey is due to multiple factors, including the absence of a natural predator for the animal, since wolves and mountain lions no longer populate much of the state. There's also the easy access to food that human habitation brings.

The Holy Father also is concerned with the ocean. "Oceans not only contain the bulk of our planet's water supply, but also most of the immense variety of living creatures, many of them still unknown to us and threatened for various reasons. Particularly threatened are marine organisms which we tend to overlook, like some forms of plankton; they represent a significant element in the ocean food chain."

Various news outlets have reported that the ocean is threatened by plastic, threatened by mineral extraction that destroys the ocean floor and everything that lives near it, threatened by rising water temperature and threatened by industrial waste.

"Because all creatures are connected, each must be cherished, for all of us as living creatures are dependent on one another."

*Next week: The Gospel of Creation*

~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~

#### **Crafts for Cancer**

On the Sundays of Lent, our children from Liturgy of the Word with Children will collect craft items. These items will be donated to Tomorrow's Children and Hackensack Medical Center.

## Serving in the Military

We ask God to keep in his care all those who are serving overseas in our armed forces. They are listed below and we ask your prayers for them.

John Eckel III...Jaelon Magat...Sean Flanagan  
 Steven Serpa...Brian Manley...Steve Sullivan  
 Christopher Smaldone...James Francis Ward  
 Brandon Barhydt...Joseph Ament  
 Jeffrey Steiner...Anthony Dunkin  
 Brandon Dellner...Bobby Dellner

*If you have a relative serving in the military, please call the parish office so that we can add his/her name and offer a prayer for him/her.*

## Pray for Our Sick

John Ramzi..Rose O'Shea..Sean Hayes..Kyla Carney  
 James Carney...Michael Curran...Hector Montero  
 Hailey van Weathering..Lyla McMahon..Tom Phelan  
 Anthony Montagnino...Sandy Tolentino...Scott Tkacz  
 Maureen Kostka...Richard King...George DiCostanzo  
 Myra D'Silva...Tessie Ariola...Angela Darata  
 Nancy Caggiano...Joseph Pierre-Antoine Sue S.  
 Dennis Murray...Madelyn Kerner...Gabriel Pappas  
 Eric Granada..Mr. & Mrs. Joe Paquiz..Helen Gordon  
 Frank Uvenio...Kristi Carbonaro...Riley Suapengco  
 John Weiss, Sr...Rosemarie and William Dellner  
 Mildred Dellner

## Rosary Linen March Schedule

Mar. 8 Joan DiPaola Mar. 15 Janet Kaine  
 Mar. 22 Kathy Mullins Mar. 29 Beverly Serafini

## Feast of St. Joseph - March 19th



The Feast of St. Joseph is celebrated on Thursday, March 19. In addition to our usual daily Mass schedule of 7:00 a.m. and 8:45 a.m., we will have a parish liturgy at 7:30 p.m. followed by a social featuring St. Joseph's bread and pastries in Szelest Hall.

## Transfiguration Academy

Congratulations to the following Transfiguration Academy Alumni for achieving Principal's List at Paramus Catholic High School:

Joseph Abriam, Rachel Cajucum, Robert Cajucum, Kenneth Calle, Edward Daly, Antonio de Leon, Michael Icarangal, Aidan Icasiano, Gabriella Macre, Christina Micheal, Lorelai Monticelli, and Jeffrey Tharakkan.

The Academy of the Holy Angels also reported that Transfiguration Academy Alum Haram Kim was named to the Honor Roll.

Registration for the 2020-2021 school year is under way. For more information and to arrange a tour please call the school office or visit our website, [www.transfigurationacademy.org](http://www.transfigurationacademy.org).

## We Are Living Stones Update

**To Date:** March 2, 2020

Total **Pledge:** \$301,254.62

Total Amount **Received:** \$272,532.50

**Number of Pledges** 159

The portion to be shared is \$190,032.50 (total after tithing goal of \$82,500) and the **parish share is \$95,016.25.**

Thank you to the many generous parishioners who have made their commitment to the We Are Living Stones campaign. Remember our plan is to use the **We Are Living Stones** proceeds to build an **Elevator** inside the church.

## 2020 Shining the Light of Christ Annual Appeal Update

The Annual Appeal directly supports various ministries and programs throughout the Archdiocese of Newark.

Our parish **goal** this year is **\$45,000.00**. So far we have received **\$13,245.00** in **pledges** from **70** families and have achieved approximately **29.43%** of our goal as of March 2, 2020.

If you've received a pledge card in the mail, kindly complete it and return to the address below. If you misplaced the pledge card, there are forms at the doors of the church. Checks should be made payable to the **2020 Annual Appeal**.

### **Archdiocese of Newark**

Development Office/Annual Appeal

P.O. Box 9577

171 Clifton Avenue  
 Newark, NJ 07104

We're confident that if every family made a gift, our parish could reach its goal. Thank you for your generosity and support of this effort. God bless.

## Wedding Anniversary Liturgies

There will be special liturgies to be held at the Cathedral of the Sacred Heart in Newark for couples celebrating 5, 25 or 50 years of living the sacrament of marriage. These anniversary liturgies will be celebrated by Cardinal Joseph Tobin. The dates are as follows:

April 19, 2020 3:00 PM 5 years and 25 years  
 (All counties)

May 3, 2020 3:00 PM 50 years (All counties)

*If you would like to participate in one of these liturgies, you need to come to the parish office and fill in a registration form so that they know the names and the number of those attending each liturgy.*



## PACT/Religious Education Program

### Lenten Calendar

Have you checked out the Lenten calendar which was sent via e-mail and sent home with the children in our PACT program? Copies are available in the church and Religious Education Office. Consider which events will help your family observe this time of preparation and renewal.



### Catholic Relief Services: Operation Rice Bowl

Rice Bowls have been distributed to students in our PACT Program and are available in the church for everyone's participation. Let's take this opportunity to offer more than just spare change to help CRS and its efforts. The following is from the website [crsricebowl.org](http://crsricebowl.org):



Maria Ana's family home was destroyed in a recent accident, and her family is living in a temporary space—a small wooden hut—until they can get it fixed. It's been hard living without a permanent place to call home. Everyone sleeps on the floor, and during the rainy season the roof often leaks. Maria Ana is hopeful her family will have a new house soon. "I want to keep studying so I can help my family succeed," she says.

To help make the dream a reality, Maria Ana works hard in school—and CRS provides school lunches to ensure she can focus on her studies and not on her hunger. Maria Ana also works in her community to earn money to support her family. At home, she helps with chores, like washing the school uniforms, helping to prepare the family meal, and fetching and boiling water to make it drinkable.

### Confirmation Preparation Candidate Interviews



An e-mail is being sent with instructions for parents and candidates to choose the date and time for their brief Confirmation Interview.

~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~ \* ~

### Knights of Columbus

#### **Irish Night - Saturday March 21 7PM-11PM.**

The evening will consist of an authentic Irish menu including Irish Soda Bread and a sit-down dinner consisting of a Cheese Platter, Corned Beef, Cabbage,

### God's Plan for Giving:

**"The measure of your free-will offering shall be in proportion to the blessing the Lord, your God, has bestowed on you."**

**(Deuteronomy 16:10)**

Collection Feb. 29-Mar. 1	\$8,904.00
Same Weekend 2019	\$9,420.50

**Treasure from our children: \$6.50**

~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~

*Here are some of the good deeds that the children of St. Mary's did as a way of showing their love of God and of our parish. We hope that they will always know how important what they do for God and for us truly is. Even though they are still young, they can give us a wonderful example to follow.*

**"I helped someone."**    **"I said my prayers."**

**"I talked with parents about lesson."**

**"I help my sister."**

**"I help my friends in class."**

~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~

**Dear Lord,**

O Divine Giver of all gifts, grant us the daily graces we need to follow closely in the footsteps of Jesus in the way we live out our lives and make use of our gifts.

Daily, may we renew with You our small part of the world by allowing Your will to be accomplished in and through us.

Help us to trust in Your love for us and to grow in our fidelity and relationship with You.

We thank You for the trust You place in us as stewards of our personal gifts. May the Holy Spirit guide us in placing our time, talent and treasure at the service of each other so that together we may faithfully witness the Christian message and thus become your holy people. Amen.

~\*~

### Knights of Columbus Cont'd

Potatoes, and homemade scones with coffee and tea. Live entertainment by Tara Gold with Michael Keogh. \$35 per person includes tap beer, wine and soda. RSVP REQUIRED by calling or texting Ken A. at 516-220-9333 or emailing [KofC1345Reservations@gmail.com](mailto:KofC1345Reservations@gmail.com).

### **DEAL OR NO DEAL 50/50 RAFFLE - ONLY 200 TICKETS AVAILABLE!**

St. John's Council #1345 along with the Columbiettes is hosting a Deal or no Deal 50/50 Raffle drawing March 27th at 7PM, with a grand prize possible of \$5,000. **Only 200 tickets** are being sold at \$50 each. WINNER NEED NOT BE PRESENT. **If you are interested in tickets, please call, text, or email Grand Knight Ken Armellino at 516-220-9333 or [KofC1345reservations@gmail.com](mailto:KofC1345reservations@gmail.com) and we will arrange to get you a ticket.**

# FASTING IN A *FAST-PACED WORLD*

by Art Zannoni

Often our lives seem to move at break-neck speed, laced with stress and governed by calendars and schedules with barely a spare moment. With the arrival of Lent, Catholics are challenged to look at this way of living by fasting from moving at the speed of humankind and embracing moving at the speed of God.

Fasting (as opposed to dieting) confronts our culture. Fasting, in a society that has plenty and is motivated by immediate self-gratification, is generally not perceived as a value. Yet, for Jews, Christians, and Muslims, fasting is part and parcel of practicing one's faith in today's culture.

#### Biblical Roots of Fasting

The Bible provides a treasure-trove of reflections on the meaning of fasting. In both the Old and New Testaments fasting usually means total abstinence from food from morning until evening (see 2 Samuel 1:12; Jonah 3:7; Acts 9:9). This is still the case for Muslims today during the month of Ramadan.

#### Fasting as Mourning

In both Old Testament times and Jesus' times, fasting could be done for a number of different reasons. One motive was as an act of mourning. For example, after the death of King Saul, David and his men "mourned and wept and fasted until evening for Saul and his son Jonathan" (2 Samuel 1:12). David likewise refused to eat after the death of his general Abner (2 Samuel 3:35), and after the death of his first child by Bathsheba (2 Samuel 12:18-21). Such fasting was an expression of grief and mourning.

#### Fasting as Sorrow for Sin

In the Bible, fasting is also understood as

an expression of sorrow for sin. Fasting was prescribed for this reason on the Day of Atonement (Yom Kippur). In later Jewish tradition, and among observant Jews today, this fast was interpreted to mean complete abstinence from food on the Day of Atonement, not merely smaller meals or no eating between meals.

#### Fasting as Prayer

According to the Bible, fasting could also be done in conjunction with prayers of petition. David fasted while his child by Bathsheba lay mortally ill, in the hope that God would spare his child's life (2 Samuel 12:15-17, 22). David's fast was a prayer for God's intervention.

Like any act of religious piety, fasting could be done mechanically. Joel called for a fast that was an expression of true repentance, of truly turning to God: "Rend your hearts, not your garments, and return to the Lord, your God. For gra-

cious and merciful is he; perhaps he will again relent and leave behind a blessing" (Joel 2:13-14). Joel's message is that external expressions of mourning are not enough; it needs to be internalized in our hearts.

#### Fasting as Justice

One of the best biblical descriptions of the meaning of fasting is provided by the prophet Isaiah. Speaking through the prophet, God says: "Is not this the fast that I choose: to lose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked to cover them, and not to hide yourself from your own kin?" (Isaiah 58:6-7)

In this passage God does not speak of helping the poor in general but specifi-



cally helping the oppressed: those who are poor, not because of misfortune but because they are the victims of injustice. This teaching about fasting is a call to eliminate the injustice that causes their hunger, rather than simply feed them. God demands not merely mercy, but a rooting out of injustice and a repairing of its effects. There is quite a difference between our being charitable to others and our making reparation for the harm we have done to them.

Whose sins of injustice lie behind the suffering of the oppressed? It may be our personal, individual sins, or it may be the sins of the society of which we are a part. The relevant point is that we are to root out these sins and to repair the damage that our individual and collective sins have wrought.

Isaiah's prophecy provides food for meditation during Lent. When we are considering what special practices or penance we will undertake, do we think mainly in terms of ourselves? "I'll give up TV, spending too much time online, alcoholic beverages or chocolates." Or do we think of the needs of others: "I'll give up some of my free time to help the

single parent to care for his or her children, volunteer at a nursing home, tutor a child. I'll go through my clothing and see what I could donate to a thrift shop. I'll go without pay for a day and take time off from my regular job to volunteer at a local food bank or to take an elderly person to the doctor.

#### **Jesus and Fasting**

According to the Gospel of Matthew, Jesus fasted forty days and forty nights (Matthew 4:1). The Gospel of Luke states that he ate nothing, implying that Jesus abstained from food (Luke 4:2). Subsequently Jesus was tempted by the devil, but the cleansing that happened as a result of his fasting empowered him to stand up to the devil's threefold temptation.

Jesus, himself a prophet who followed in the footsteps of the prophet Isaiah, challenged his disciples in the Sermon on the Mount to be joy-filled when fasting (Matthew 6:16-18). Fasting is not a time for show and tell, but rather a time to ponder what works of remedial justice and healing mercy we could undertake as our fast: undoing any wrongs we have committed.

Fasting may be from making abusive use of our tongues through put-downs and other forms of verbal abuse. Or fasting may be from failing to use our voice to speak out about injustices in our society. Or it may be speaking up by contacting our legislator, requesting that he or she provide legislation for more affordable housing for the poor.

Both Isaiah and Jesus teach us that the best way to mourn for our sins is to undo their harmful effects. That is what Lent is all about. Jesus reminds us that our fasting is not to be seen by others, but by God (Matthew 6:18). What type of fasting will God see us practice this Lent?

#### **Reflection Questions**

- What is the type of fasting God wishes of me?
- What is the penance God asks of me?
- What is God nudging me to do this Lent?"

*Copyright © 2017 Art Zannoni. All rights reserved. Reprinted with permission. Published by The Pastoral Center / PastoralCenter.com.*

