



St. Mary's Parish

Lent 2023

Pray, Fast, Give

Our preparation for Easter is both baptismal and penitential. Lent is a forty-day retreat for our spiritual lives. Every Lent we come back to our baptism. We struggle with the hard questions we were asked: Do you reject Satan? Do you believe in God? Do you believe in the Church? We emphasize once again the three lifelong disciplines that are a part of every Christian life: prayer, fasting and almsgiving. We prepare individually and as a community for the great paschal celebration, the Triduum. This year we pray for and with our Elect, Cameron Herrera and Yesi Kantowitz as they undergo final preparations for their Baptism at the Easter Vigil. We gather to be shaped by the Gospel, to be drawn into the great stories of our heritage, to celebrate the rites of penitence, to witness the transformation of the Elect and experience our own conversion.

PRAYER

Ash Wednesday – February 22, 2023

Ashes will be distributed at the 7:00 am, 8:45 am and 7:30 pm Masses. There will also be a prayer service with distribution of ashes at 3:30 pm.

Weekday Mass Schedule for Lent

Monday through Friday at 7:00 am and 8:45 am.

Saturday at 8:30 am.

Lenten Penance Opportunities

- *Individual Confessions* are available Saturdays from 4:00 pm – 4:45 pm upper Church
- Deanery Penance Services – as was done for Advent the parishes in the deanery are offering penance opportunities at different locations during Lent. The schedule is as follows:

Monday, February 27 @ 7:00 pm	Annunciation, Paramus
Monday, March 6 @ 7:00 pm	St Therese's, Cresskill
Tuesday, March 7 @ 7:00 pm	St Mary's, Dumont (part of Parish Mission)
Monday, March 13 @ 7:00 pm	St Peter's, River Edge
Monday, March 27 @ 7:00 pm	Mt Carmel, Tenafly

Novenas & Prayer

- **Miraculous Medal** - Saturdays at the 8:30 am mass.
- **Our Lady of Perpetual Help** – Wednesday following the 8:45 am Mass
- **Rosary** – Prayed daily after the 8:45 am Mass

Divine Mercy Novena – April 7 - 15 Novena will be prayed after 8:45 am Mass on April 10 – April 14, Saturday, April 15, following 8:30 am mass. The novena will end on Sunday, April 16, Divine Mercy Sunday with a prayer service and fellowship following the 12 noon Mass. On Good Friday, Holy Saturday and Easter Sunday the novena can be prayed at home.



Holy Hour with Eucharistic Adoration

Friday, March 3 from 6 – 7 p.m. This will be led by the Redemptorist Fathers who will lead the parish mission the following week. Reposition service begins at 7 p.m.



Anointing of the Sick

The Spring Mass for the Anointing of the sick will be held on Saturday, March 4, at 11 am in Szelest Hall. Confessions will be available beginning at 10:30 am. This mass will be celebrated by Fr. Carey and the Redemptorists who will be hosting our Mission the following week.

Stations of the Cross

We will celebrate the *Stations of the Cross* in the upper church all Fridays of Lent at 7:30 pm using different meditations. On Good Friday, April 7, the youth of our parish will lead us in the Stations of the Cross at 7:30 pm in the upper church.



Church Hours

The upper church is open Monday through Friday until 2:00 pm, on Saturday until 5:30 pm, and Sunday until 1:30 pm. Use the door closest to the parish office to enter the upper church.

Faith Sharing Groups for Lent

We will offer material for weekly faith sharing groups-- to be done virtually or in individual homes. If you would like to run a group in your home, a virtual group, using Zoom or some other platform, please let the parish office know and we will send you materials to use for these Lectionary based reflections. Call 201-384-0557 or email info@stmarysdumont.org.

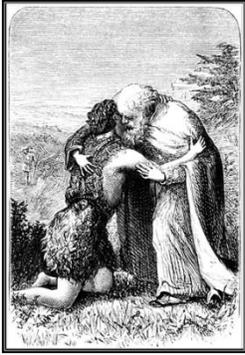
Feast Days

1. **St. Patrick** – Sunday, March 12 at 10 am. We will celebrate our annual Mass in Honor of St. Patrick. A social will follow in Szelest Hall featuring Clan na Vale Pipe Band, McLoughlin Irish Step Dances and Soda Bread.
2. **St. Joseph** –Monday, March 20th (due to it falling on a Sunday in Lent it is bumped to Monday). – Join us for our regular daily mass of 7 or 8:45am or at 7:30pm. The 7:30pm mass will be followed by a social.

Palm Sunday – April 2, 2023

Masses at 5:30 on Saturday, Sunday at 7:45 am, 10 am and 12 noon.

Feeding the Hungers of the Heart
Parish Mission – March 6-8, 2023



A parish mission is a time of great grace for individuals and for the parish community as a whole. It can be an occasion of conversion, reconciliation, and healing. The mission is not merely a temporary spiritual boost but rather the beginning of a renewed relationship with Christ. The theme of our parish mission this year is: "Feeding the Hungers of the Heart." Drawing from stories of the New Testament, we will preach how God continually speaks to our hungry hearts, inviting us to embrace His merciful love and to respond to the deeper call to each out and feed a hungry world. Believe it or not, you are the best missionary to promote the Mission. So, please invite others to come, especially family members or anyone you know who has been away from the church. You may be the person who brings someone back to God.

MISSION SCHEDULE

Friday, March 3rd, 2023

6 -7:00 PM Holy Hour with Eucharistic Adoration
7:30 PM Mission Committee Meeting

Saturday, March 4th, 2023

8:30 am Mass
11:00 am Anointing of the Sick with Mass
4:00 PM Confessions
5:30 PM Vigil Mass

Sunday, March 5th, 2023

7:45AM Mass
8:45 - 9:55 AM Religious Education Program
10:00 AM Mass
12:00 PM Mass
3:00 PM Prayer Service Our Lady of Perpetual Help

Monday, March 6th, 2023

7:00 AM & 8:45 AM Mass
10:00 AM - 4:00 PM Conversation/Spiritual Direction/Confession
7:00 PM Evening Prayer Service
"What God Does for Us"
Social following the service

Tuesday, March 7th, 2023

7:00 AM & 8:45 AM Mass
10:00 AM - 4:00 PM Conversation/Spiritual Direction/Confession
7:00 PM Evening Reconciliation Service
"What We Do for God"
Private Confessions following the service

Wednesday, March 8th, 2023

7:00 AM & 8:45 AM Mass
10:00 AM - 4:00 PM Conversation/Spiritual Direction/Confession
7:00 PM Celebration of the Eucharist
"Becoming Missionary Disciples"
Social following Mass

**TO SIGN UP FOR
Spiritual Direction or
Confession or Conversation
contact the Parish Office
at 201-384-0557**

Who Is Giving our Mission?



Fr. James Wallace C.Ss.R



Fr. Francis Gargani, C.Ss.R



Fr. Philip Dabney, C.Ss.R

SOCIAL OUTREACH

One of the disciplines of Lent involves “alms giving” or helping those in need. There are many opportunities for social outreach in our parish community.



Lenten Giving Tree - This year during Lent for our Giving Tree, we will be helping The Nurturing Place (York Street Project). You may take a tag from the tree over by the Sacred Heart Shrine. The following are items which they are most in need of throughout the year to keep the center safe and healthy:

- Bounty Paper towels
- Liquid hand soap
- Tissues
- 7 oz plastic cups
- Lysol or disinfectant spray
- Clorox liquid bleach - unscented only
- Air freshener spray
- Paper plates and bowls
- Plastic forks and spoons
- Napkins

Any donation you can give us is greatly appreciated. You can bring the item before the end of Lent to the church, and leave in the box by the Sacred Heart Shrine or drop items off at the parish office during the week from 9 am – 5 p.m.

CRS Rice Bowl



In addition to being given to PACT families, rice bowls are available in the church. Not containers for our “spare change,” these bowls are to help our children to understand that as they make sacrifices, they can help others.

Participation in the Rice Bowl program is very important as *Catholic Relief Services* continues to work to aid those affected by disasters around the world. 25% of what is collected stays right here in our archdiocese. To find out more visit <http://orb.crs.org>

St Mary’s Food Pantry

Thank you to all the parishioners of St. Mary’s who continue to support the food pantry. Mark your calendars for our next drive-through food donation on Saturday, February 25 from 10 am to 12 noon. Cannot make the food drive, no problem! We will gladly accept food donations at any time. Please drop at the rectory between 9 am & 5 pm or leave in the vestibule of the upper church.

PLEASE remember to check the dates on your items. Outdated items cannot be distributed. If you wish to make a monetary donation, there will be envelopes at the doors of the church the weekends of February 18th & 25th



Please return the envelope to the rectory or place in the collection baskets at mass. In addition to non-perishable food items, **we will be collecting turkeys and hams for Easter beginning March 1. Please bring to the rectory between 9am & 5pm by Friday, March 31.**

If you or anyone you know needs groceries, please email the pantry at foodpantry@stmarysdumont.org.

Items Most Needed: Cranberry Sauce, Stuffing, Jello, Dried/Canned Potatoes, Canned Vegetables/Fruit, Yams, Turkey Gravy, Oatmeal, Condiments, Tea/Coffee, Cake Mix/Frosting/Brownie Mix, Canned Tuna/Meats, Pasta/Sauce, Bisquick/Syrup, Rice Dishes, Mac & Cheese, Progresso Soups, Shampoo/Conditioner, Soap, Paper Towels, Napkins, Tissues, Toilet Paper

Thank you for your continued generosity.
*“If you can’t feed a hundred people
Then feed just one”
St. Mother Teresa of Calcutta*

REMINDERS OF THE LENTEN SEASON

J-Walk -- Palm Cross Sale

Our youth group will be selling palm crosses again this year. Order forms will be available at the doors of the church beginning March 4 until March 19. Orders may also be placed on line. Watch the bulletin and weekly email blast for information on how to order online. Pick up date for Palm Cross Orders will be Saturday, April 1 from 9 – 11 am.

Altar-Rosary Easter Candy Sale

Orders will be taken on-line or by paper using the forms located at the doors of the church. The last day for orders is February 27th. See the bulletin or weekly email for information on how to order online.

HOLY WEEK 2023

Monday, April 3: Mass at 7:00 and 8:45 am

Chrism Mass at 8:00 pm in the Cathedral Basilica of the Sacred Heart. At this liturgy the Sacred Oils used in our Sacramental life will be blessed and distributed to all parishes

Tuesday, April 4, Wednesday April 5, Mass at 7:00 & 8:45 am

THE TRIDUUM 2023

Holy Thursday, April 6

According to the Church's ancient tradition, there is one liturgy in each community on this day. That liturgy is celebrated in the evening. The whole parish assembles, its various groups gathered as one church, to enter as one community into the first movement of the Easter Triduum.

- **Evening Mass of the Lord's Supper** at 7:30 pm in the upper church. Immediately following Mass, everyone is invited to spend some time in prayer before the Blessed Sacrament.
- **Night Prayer at 11:00 pm** in the church.

Good Friday, April 7

On this day when Christ became our paschal sacrifice, the Church reflects on the Passion of our Lord Jesus, adores his cross, and intercedes for the salvation of the whole world. In accordance with ancient tradition, the Church does not celebrate Mass on this day, but celebrates the Lord's Passion.

- **Morning Prayer** at 9:00 am in the church.
- **Celebration of the Lord's Passion** at 3:00 pm. This liturgy is a continuation of the one begun Holy Thursday. During this celebration, we commemorate our Lord's Passion, we pray for the needs of the world and we venerate the cross.
- **Scriptural Stations of the Cross** at 7:30 pm in the upper church. This will be a word and song service. It is ideal for those who are not able to attend the 3:00 pm service or those who want to participate in a very prayerful, scriptural way of the cross. It will be led by the youth of our parish.

Holy Saturday, April 8

- **Morning Prayer** at 9:00 am in the church
- **Blessing of Easter Food** will take place following Morning Prayer. Families wishing to have food blessed are asked to bring a basket of food to church on Holy Saturday morning.
- **Easter Vigil 8:15 pm** – *We gather this night to continue our celebration from Thursday and Friday. Just as our faith, thanks to Christ's resurrection, is made strong enough to keep us awake and watchful, so by our Easter Vigil, let us make this night blaze with light.*

Easter Sunday, April 9

Masses at 7:45 am, 10 am, and 12 noon

Salubong, a Filipino devotion which celebrates the encounter of the Risen Christ with his Sorrowing Mother, will be celebrated at 11:45 am on the steps of the church.